

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



August 2017

WEEK MENU #1

<p>9:00 AM OPEN SWIM P 9:00 AM BANK OPENS CB 9:00 AM YOGA FC 9:30 AM AQUA AROBICS P 10:00 AM SHUFFLE BOARD SD 10:30 AM CHAIR YOGA FC 1:00 PM MASS AUDUBON "REPTILES AND AMPHIBIANS OF CAPE COD" A 2:00 PM TEA TIME CS 2:00 PM KNITTING GROUP FL 7:00 PM GAME NIGHT MS</p>	<p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:00 AM YOGA FC 9:30 AM WOMENS FITNESS FC 10:00 AM SHUFFLE BOARD SD 10:30 AM CHAIR YOGA FC 1:00 PM MASS AUDUBON "REPTILES AND AMPHIBIANS OF CAPE COD" A 2:00 PM TEA TIME CS 2:00 PM KNITTING GROUP FL 7:00 PM GAME NIGHT MS</p>	<p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:00 AM YOGA FC 9:30 AM WOMENS FITNESS FC 10:00 AM SHUFFLE BOARD SD 10:30 AM CHAIR YOGA FC 1:15 PM CAPE PLAYHOUSE "RED" FL 1:30 PM POOL & BILLIARDS BL 1:30 PM BINGO AR 2:00 PM TEA TIME CS 2:00 PM PETERSON'S AR</p>	<p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:00 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:00 AM SHUFFLE BOARD SD 10:30 AM CHAIR YOGA FC 11:00 AM BUS LOOP FL 12:00 PM BUS LOOP FL 12:30 PM LINE DANCING WITH ELAINE A 1:30 PM STOP AND SHOP FL 2:00 PM TEA TIME CS 7:00 PM THURSDAY EVE VIDEO SERIES C</p>	<p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:30 AM WOMENS FITNESS FC 10:00 AM MORNING PRAYER AND COMMUNION WITH ST. PIUS C 1:00 PM ART CLASS AR 1:30 PM POOL & BILLIARDS BL 2:00 PM TEA TIME CS 3:00 PM MOVIE: UP IN THE AIR C 7:00 PM MOVIE: THE ODD LIFE OF TIMOTHY GREEN C</p>	<p>9:00 AM OPEN SWIM P 9:00 AM YOGA FC 10:30 AM CATEGORIES MS 10:30 AM CHAIR YOGA FC 11:00 AM BUNCO BR 11:00 AM COMPUTER CLASS C 1:00 PM BINGO AR 3:00 PM MOVIE: THE ODD LIFE OF TIMOTHY GREEN C 7:00 PM MOVIE: UP IN THE AIR C</p>
---	--	--	--	---	---

6

9:00 AM COFFEE HOUR CS
9:30 AM BUS TO ST. DAVIDS FL
10:10 AM BUS TO ST. PIUS FL
1:30 PM MOVIE C
4:00 PM CHURCH SERVICES C

WEEK MENU #2

7

8:30 AM OPEN SWIM P
8:30 AM MENS FITNESS FC
9:30 AM WOMENS FITNESS FC
9:30 AM AQUA AEROBICS P
10:00 AM STOP AND SHOP FL
11:00 AM CURRENT EVENTS BR
12:00 PM EXERCISE W/ ELAINE FC
1:30 PM POOL & BILLIARDS BL
2:00 PM TEA TIME CS
3:00 PM STORIES WITH BARBARA ANTHONY C

8

8:30 AM OPEN SWIM P
9:00 AM BANK OPEN CB
9:00 AM YOGA FC
9:00 AM CAPE COD CANAL CRUISE W/ LUNCH FL
9:30 AM AQUA AEROBICS P
10:00 AM SHUFFLEBOARD SD
10:30 AM CHAIR YOGA FC
2:00 PM TEA TIME CS
2:00 PM KNITTING GROUP FL
7:00 PM GAME NIGHT MS

9

8:30 AM OPEN SWIM P
8:30 AM MENS FITNESS FC
9:00 AM BANK OPEN CB
9:30 AM WOMENS FITNESS FC
9:30 AM AQUA AEROBICS P
12:00 PM EXERCISE W/ ELAINE FC
1:30 PM POOL & BILLIARDS BL
1:30 PM BINGO AR
2:00 PM WHOLE FOODS FL
2:00 PM TEA TIME CS
7:00 PM SOUND DUNES A

10

8:30 AM OPEN SWIM P
9:00 AM YOGA FC
9:30 AM AQUA AEROBICS P
10:00 AM SHUFFLE BOARD SD
10:30 AM CHAIR YOGA FC
11:00 AM BUS LOOP FL
12:00 PM BUS LOOP FL
12:30 PM LINE DANCING WITH ELAINE A
1:30 PM STOP AND SHOP FL
2:00 PM TEA TIME CS
7:00 PM THURSDAY EVE VIDEO SERIES C

11

8:30 AM OPEN SWIM P
8:30 AM MENS FITNESS FC
9:30 AM WOMENS FITNESS FC
10:00 AM MORNING PRAYER AND COMMUNION WITH ST. PIUS C
1:00 PM ART CLASS AR
1:00 PM DON WILDING "HENRY BESTON'S CAPE COD" C
1:30 PM POOL & BILLIARDS BL
2:00 PM TEA TIME CS
3:00 PM MOVIE: PICNIC C
7:00 PM MOVIE: GONE BABY GONE C

12

9:00 AM OPEN SWIM P
9:00 AM YOGA FC
10:30 AM CATEGORIES MS
10:30 AM CHAIR YOGA FC
11:00 AM BUNCO BR
11:00 AM COMPUTER CLASS C
1:00 PM BINGO AR
3:00 PM MOVIE: GONE BABY GONE C
7:00 PM PICNIC C

13

9:00 AM COFFEE HOUR CS
9:30 AM BUS TO ST. DAVIDS FL
10:10 AM BUS TO ST. PIUS FL
1:30 PM MOVIE C
4:00 PM CHURCH SERVICES C

WEEK MENU #3

14

8:30 AM OPEN SWIM P
8:30 AM MENS FITNESS FC
9:30 AM WOMENS FITNESS FC
9:30 AM AQUA AEROBICS P
10:00 AM SHAW'S FL
11:00 AM CURRENT EVENTS BR
12:00 PM EXERCISE W/ ELAINE FC
1:00 PM MONDAY AFTERNOON ART VIDEO SERIES C
1:30 PM POOL & BILLIARDS BL
2:00 PM TEA TIME CS

15

8:30 AM OPEN SWIM P
9:00 AM BANK OPEN CB
9:00 AM YOGA FC
9:30 AM AQUA AEROBICS P
10:30 AM CHAIR YOGA FC
1:00 PM SCENIC RIDE FL
2:00 PM TEA TIME CS
2:00 PM KNITTING GROUP FL
4:15 PM COCKTAILS SD
5:00 PM COOKOUT SD

16

8:30 AM OPEN SWIM P
8:30 AM MENS FITNESS FC
9:00 AM BANK OPENS CB
9:30 AM WOMENS FITNESS FC
9:30 AM AQUA AEROBICS P
12:00 PM EXERCISE W/ ELAINE FC
1:15 PM CAPE PLAYHOUSE "GYPSY" FL
1:30 PM POOL & BILLIARDS BL
1:30 PM BINGO AR
2:00 PM TEA TIME CS
2:00 PM PETERSON'S AR

17

8:30 AM OPEN SWIM P
9:00 AM YOGA FC
10:00 AM SHUFFLE BOARD SD
10:30 AM CHAIR YOGA FC
11:00 AM BUS LOOP FL
12:00 PM BUS LOOP FL
1:30 PM STOP AND SHOP FL
2:00 PM TEA TIME CS
7:00 PM THURSDAY EVE VIDEO SERIES C

18

8:30 AM OPEN SWIM P
8:30 AM MENS FITNESS FC
9:30 AM WOMENS FITNESS FC
10:00 AM MORNING PRAYER AND COMMUNION WITH ST. PIUS C
1:00 PM ART CLASS AR
1:30 PM POOL & BILLIARDS BL
2:00 PM TEA TIME CS
3:00 PM MOVIE: THE LOVE PUNCH C
3:00 PM RYAN MANN "ALL ABOUT SCALLOPS" C
7:00 PM MOVIE: THE ZOO KEEPERS WIFE C

19

9:00 AM OPEN SWIM P
9:00 AM YOGA FC
10:30 AM CATEGORIES MS
10:30 AM CHAIR YOGA FC
11:00 AM BUNCO BR
11:00 AM COMPUTER CLASS C
1:00 PM BINGO AR
3:00 PM MOVIE: THE ZOO KEEPERS WIFE C
3:00 PM STEELGRAVE MAGIC SHOW A
7:00 PM MOVIE: THE LOVE PUNCH C

20

9:00 AM COFFEE HOUR CS
9:30 AM BUS TO ST. DAVIDS FL
10:10 AM BUS TO ST. PIUS FL
1:30 PM MOVIE C
4:00 PM CHURCH SERVICES C

WEEK MENU #4

21

8:30 AM OPEN SWIM P
8:30 AM MENS FITNESS FC
9:30 AM WOMENS FITNESS FC
10:00 AM TAI CHI C
10:00 AM STOP AND SHOP FL
10:30 AM CATHOLIC MASS COVE
11:00 AM CURRENT EVENTS BR
1:00 PM MONDAY AFTERNOON ART VIDEO SERIES C
1:30 PM POOL & BILLIARDS BL
2:00 PM TEA TIME CS
7:00 PM DOUG RICCIARDI WITH FRED BOYLE A

22

8:30 AM OPEN SWIM P
9:00 AM BANK OPEN CB
9:00 AM YOGA FC
10:30 AM CHAIR YOGA FC
1:00 PM ART FOR YOUR MIND "MASSACHUSETTS REVEALED" C
2:00 PM TEA TIME CS
2:00 PM KNITTING GROUP FL

23

8:30 AM OPEN SWIM P
8:30 AM MENS FITNESS FC
9:00 AM BANK OPEN CB
9:30 AM WOMENS FITNESS FC
9:30 AM AQUA AEROBICS P
12:00 PM EXERCISE W/ ELAINE FC
1:30 PM POOL & BILLIARDS BL
1:30 PM BINGO AR
2:00 PM TRADER JOE'S FL
2:00 PM TEA TIME CS

24

8:30 AM OPEN SWIM P
9:00 AM YOGA FC
9:30 AM AQUA AEROBICS P
10:00 AM SHUFFLE BOARD SD
10:30 AM CHAIR YOGA FC
11:00 AM BUS LOOP FL
12:00 PM BUS LOOP FL
12:30 PM LINE DANCING WITH ELAINE A
1:30 PM STOP AND SHOP FL
2:00 PM TEA TIME CS
7:00 PM THURSDAY EVE VIDEO SERIES C

25

8:30 AM OPEN SWIM P
8:30 AM MENS FITNESS FC
9:30 AM WOMENS FITNESS FC
10:00 AM MORNING PRAYER AND COMMUNION WITH ST. PIUS C
1:00 PM ART CLASS AR
1:30 PM POOL & BILLIARDS BL
2:00 PM TEA TIME CS
3:00 PM MOVIE: GIFTED C
7:00 PM MOVIE: THE BEGUILLED C

26

9:00 AM OPEN SWIM P
9:00 AM YOGA FC
10:30 AM CATEGORIES MS
10:30 AM CHAIR YOGA FC
11:00 AM BUNCO BR
11:00 AM COMPUTER CLASS C
1:00 PM BINGO AR
3:00 PM MOVIE: THE BEGUILLED C
7:00 PM MOVIE: GIFTED C

27

9:00 AM COFFEE HOUR CS
9:30 AM BUS TO ST. DAVIDS FL
10:10 AM BUS TO ST. PIUS FL
1:30 PM MOVIE C
4:00 PM CHURCH SERVICES C

WEEK MENU #5

28

8:30 AM OPEN SWIM P
8:30 AM MENS FITNESS FC
9:30 AM WOMENS FITNESS FC
9:30 AM AQUA AEROBICS P
10:00 AM SHAW'S FL
10:00 AM TAI CHI A
11:00 AM CURRENT EVENTS BR
12:00 PM EXERCISE W/ ELAINE FC
1:30 PM POOL & BILLIARDS BL
2:00 PM TEA TIME CS
3:00 PM BOOK GROUP MS

29

8:30 AM OPEN SWIM P
9:00 AM BANK OPENS CB
9:00 AM YOGA FC
9:30 AM AQUA AROBICS P
10:00 AM SHUFFLE BOARD SD
10:30 AM CHAIR YOGA FC
11:45 PM BLUE ROCK LUNCHEON FL
2:00 PM TEA TIME CS
2:00 PM KNITTING GROUP FL
7:00 PM GAME NIGHT MS

30

8:30 AM OPEN SWIM P
8:30 AM MENS FITNESS FC
9:00 AM BANK OPENS CB
9:30 AM WOMENS FITNESS FC
9:30 AM AQUA AEROBICS P
12:00 PM EXERCISE W/ ELAINE FC
1:15 PM CAPE PLAYHOUSE "MURDER FOR TWO" FL
1:30 PM POOL & BILLIARDS BL
1:30 PM BINGO AR
2:00 PM TEA TIME CS
2:00 PM PETERSON'S AR
6:30 PM TOM TELESANICK FL

31

8:30 AM OPEN SWIM P
9:00 AM YOGA FC
9:30 AM AQUA AEROBICS P
10:00 AM SHUFFLE BOARD SD
10:30 AM CHAIR YOGA FC
11:00 AM BUS LOOP FL
12:00 PM BUS LOOP FL
12:30 PM LINE DANCING WITH ELAINE A
1:30 PM STOP AND SHOP FL
2:00 PM TEA TIME CS
7:00 PM THURSDAY EVE VIDEO SERIES C

PL PARKING LOT
P POOL
PV POND VIEW
HC HEALTH CENTER
L LIBRARY
B MR. D'S BISTRO
MS MUGAR SUITE
FE FRONT ENTRANCE
BR BOARD ROOM

LOCATION KEY
AR ACTIVITIES ROOM
A AUDITORIUM
BL BILLIARDS ROOM
C CONSERVATORY
CS COUNTRY STORE
FC FITNESS CENTER
SD SUNDECK
FL FRONT LOBBY



