

October 2017



LOCATION KEY

- AR ACTIVITIES ROOM
- A AUDITORIUM
- BL BILLIARDS ROOM
- C CONSERVATORY
- CS COUNTRY STORE
- FC FITNESS CENTER
- SD SUNDECK
- FL FRONT LOBBY
- PL PARKING LOT
- P POOL
- PV POND VIEW
- HC HEALTH CENTER
- L LIBRARY
- B MR. D'S BISTRO
- MS MUGAR SUITE
- BR BOARD ROOM



<p>1</p> <p>9:00 AM COFFEE HOUR CS 9:30 AM BUS TO ST. DAVIDS FL 10:10 AM BUS TO ST. PIUS FL 1:30 PM MOVIE C 4:00 PM CHURCH SERVICES C 5:00 PM MEET YOUR NEIGHBOR FL</p> <p><i>WEEK MENU #4</i></p>	<p>2</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:30 AM WOMENS FITNESS FC 9:30 AM AQUA AEROBICS P 10:00 AM STOP & SHOP FL 10:00 AM TIA CHI C 11:00 AM CURRENT EVENTS BR 12:00 PM EXERCISE WITH ELAINE FC 1:30 PM POOL & BILLIARDS BL 2:00 PM TEA TIME CS 3:00 PM STORIES WITH BARBARA ANTHONY C</p>	<p>3</p> <p>8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:00 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 10:00 AM SHOPPING IN PROVINCETOWN FL</p> <p>2:00 PM TEA TIME CS 2:00 PM KNITTING GROUP FL 7:00 PM GAME NIGHT MS</p>	<p>4</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:00 AM BANK OPEN CB 9:30 AM WOMENS FITNESS FC 9:30 AM AQUA AEROBICS P 10:30 AM OPEN SWIM P 10:30 AM THIRWOOD SINGERS PRACTICE C 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM POOL AND BILLIARDS BL 1:30 PM BINGO AR 2:00 PM TEA TIME CS 2:00 PM WHOLE FOODS FL</p>	<p>5</p> <p>8:30 AM OPEN SWIM P 9:00 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 10:30 AM OPEN SWIM P 11:00 AM BUS LOOP FL 12:00 PM BUS LOOP FL 12:30 PM DANCE W/ ELAINE A 1:30 PM STOP AND SHOP FL 2:00 PM TEA TIME CS 7:00 PM THURSDAY EVE VIDEO SERIES C</p>	<p>6</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:30 AM WOMENS FITNESS FC 1:00 PM ART CLASS AR 1:30 PM POOL & BILLIARDS BL 1:30 PM BIBLE STUDY C 2:00 PM TEA TIME CS 3:00 PM MOVIE: PRIDE & PREJUDICE C 7:00 PM MOVIE: SUSPICION C</p>	<p>7</p> <p>9:00 AM OPEN SWIM P 9:30 AM YOGA FC 10:30 AM CATEGORIES MS 10:30 AM CHAIR YOGA FC 11:00 AM COMPUTER CLASS C 11:00 AM BUNCO BR 1:00 PM BINGO AR 2:00 PM TEA TIME CS 3:00 PM MOVIE: SUSPICION C 7:00 PM MOVIE: PRIDE & PREJUDICE C</p>
<p>8</p> <p>9:00 AM COFFEE HOUR CS 9:30 AM BUS TO ST. DAVIDS FL 10:10 AM BUS TO ST. PIUS FL 1:30 PM MOVIE C 4:00 PM CHURCH SERVICES C</p> <p><i>WEEK MENU #5</i></p>	<p>9</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:30 AM WOMENS FITNESS FC 10:00 AM SHAW'S FL 10:00 AM TAI CHI C 11:00 AM CURRENT EVENTS BR 1:30 PM POOL & BILLIARDS BL 2:00 PM TEA TIME CS 3:00 PM RESIDENT ASSOCIATION MEETING A 4:00 PM NEW RESIDENT SOCIAL WITH ENTERTAINMENT A</p>	<p>10</p> <p>8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:00 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 11:30 AM MATTAKEESE WARF LUNCHEON FL</p> <p>2:00 PM TEA TIME CS 2:00 PM KNITTING GROUP FL 7:00 PM GAME NIGHT MS</p>	<p>11</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:00 AM BANK OPEN CB 9:30 AM WOMENS FITNESS FC 9:30 AM AQUA AEROBICS P 10:30 AM THIRWOOD SINGERS C 10:30 AM OPEN SWIM P 11:30 AM SUNDAES FOR SENIORS W/ CHIEF FREDERICKSON FL 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM POOL AND BILLIARDS BL 1:30 PM BINGO AR 2:00 PM TRADER JOE'S FL 2:00 PM TEA TIME CS</p>	<p>12</p> <p>8:30 AM OPEN SWIM P 9:00 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 10:30 AM OPEN SWIM P 11:00 AM BUS LOOP FL 12:00 PM BUS LOOP FL 12:30 PM DANCE W/ ELAINE A 1:30 PM STOP AND SHOP FL 2:00 PM TEA TIME CS 7:00 PM THURSDAY EVE VIDEO SERIES C</p> <p>TREASURE TABLE DAY</p>	<p>13</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:30 AM WOMENS FITNESS FC 1:00 PM ART CLASS AR 1:30 PM POOL & BILLIARDS BL 1:30 PM BIBLE STUDY C 2:00 PM TEA TIME CS 3:00 PM MOVIE: MARTY C 7:00 PM MOVIE: THE MAN WHO KNEW TOO MUCH C</p>	<p>14</p> <p>8:30 AM OPEN SWIM P 9:30 AM YOGA FC 10:30 AM CATEGORIES MS 10:30 AM CHAIR YOGA FC 11:00 AM COMPUTER CLASS C 11:00 AM BUNCO BR 1:00 PM BINGO AR 2:00 PM TEA TIME CS 3:00 PM MOVIE: THE MAN WHO KNEW TOO MUCH C 7:00 PM MOVIE: MARTY C</p>
<p>15</p> <p>9:00 AM COFFEE HOUR CS 9:30 AM BUS TO ST. DAVIDS FL 10:10 AM BUS TO ST. PIUS FL 1:30 PM MOVIE C 1:30 PM CAPE SYMPHONY FL 4:00 PM CHURCH SERVICES C</p> <p><i>WEEK MENU #6</i></p>	<p>16</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:30 AM WOMENS FITNESS FC 9:30 AM AQUA AEROBICS P 10:00 AM STOP & SHOP FL 10:00 AM TAI CHI C 10:30 AM CATHOLIC MASS COVE 11:00 AM CURRENT EVENTS BR 12:00 PM EXERCISE WITH ELAINE FC 1:00 PM MONDAY AFTERNOON ART VIDEO SERIES C</p> <p>1:30 PM POOL & BILLIARDS BL 2:00 PM TEA TIME CS</p>	<p>17</p> <p>8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:00 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 1:00 PM MASS AUDUBON "HORSESHOE CRAB ECOLOGY" A 2:00 PM TEA TIME CS 7:00 PM GAME NIGHT C</p>	<p>18</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:00 AM BANK OPEN CB 9:30 AM WOMENS FITNESS FC 9:30 AM AQUA AEROBICS P 10:30 AM OPEN SWIM P 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM POOL AND BILLIARDS BL 1:30 PM BINGO AR 2:00 PM WHOLE FOODS FL 2:00 PM TEA TIME CS</p>	<p>19</p> <p>8:30 AM OPEN SWIM P 9:00 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 10:30 AM OPEN SWIM P 11:00 AM BEA SMITH SALE A 11:00 AM BUS LOOP FL 12:00 PM BUS LOOP FL 12:30 PM DANCE W/ ELAINE A 1:30 PM STOP AND SHOP FL 2:00 PM TEA TIME CS 7:00 PM THURSDAY EVE VIDEO SERIES C</p>	<p>20</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:30 AM WOMENS FITNESS FC 11:00 AM LOW VISION SUPPORT GROUP BR 1:00 PM ART CLASS AR 1:30 PM POOL & BILLIARDS BL 1:30 PM BIBLE STUDY C 2:00 PM TEA TIME CS 3:00 PM RYAN MANN A 3:00 PM MOVIE: MY SISTER EILEEN C 7:00 PM MOVIE: CHARLIE VARRICK C</p>	<p>21</p> <p>9:00 AM OPEN SWIM P 9:30 AM YOGA FC 10:30 AM CATEGORIES MS 10:30 AM CHAIR YOGA FC 11:00 AM COMPUTER CLASS C 11:00 AM BUNCO BR 1:00 PM BINGO AR 2:00 PM TEA TIME CS 3:00 PM MOVIE: CHARLIE VARRICK C 6:00 PM CAPE COD CAN! TALENT SHOW A 7:00 PM MOVIE: MY SISTER EILEEN C</p>
<p>22</p> <p>9:00 AM COFFEE HOUR CS 9:30 AM BUS TO ST. DAVIDS FL 10:10 AM BUS TO ST. PIUS FL 1:30 PM MOVIE C 4:00 PM CHURCH SERVICES C</p> <p><i>WEEK MENU #1</i></p>	<p>23</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:30 AM WOMENS FITNESS FC 9:30 AM AQUA AEROBICS P 10:00 AM SHAW'S FL 11:00 AM CURRENT EVENTS BR 12:00 PM EXERCISE WITH ELAINE FC 1:00 PM MONDAY AFTERNOON ART VIDEO SERIES C</p> <p>1:30 PM POOL & BILLIARDS BL 2:00 PM TEA TIME CS</p>	<p>24</p> <p>8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:00 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 1:00 PM ART FOR YOUR MIND "THE FACINATING GOERGIA O'KEEFFE" AR</p> <p>2:00 PM TEA TIME CS 7:00 PM GAME NIGHT MS</p>	<p>25</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:00 AM BANK OPEN CB 9:30 AM WOMENS FITNESS FC 9:30 AM AQUA AEROBICS P 10:30 AM OPEN SWIM P 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM BINGO AR 1:30 PM POOL AND BILLARDS BL 2:00 PM TRADER JOE'S FL 2:00 PM TEA TIME CS 7:00 PM TOM TELESNICK FL</p>	<p>26</p> <p>8:30 AM OPEN SWIM P 9:00 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 10:30 AM OPEN SWIM P 11:00 AM BUS LOOP FL 12:00 PM BUS LOOP FL 12:30 PM DANCE W/ ELAINE A 1:30 PM STOP AND SHOP FL 2:00 PM TEA TIME CS 7:00 PM THURSDAY EVE VIDEO SERIES C</p>	<p>27</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:30 AM WOMENS FITNESS FC 10:00 AM PUMPKIN PAINTING SHOW FL 1:00 PM ART CLASS AR 1:30 PM POOL AND BILLIARDS BL 1:30 PM BIBLE STUDY C 2:00 PM TEA TIME CS 3:00 PM MOVIE: CHARADE C 7:00 PM MOVIE: THE YELLOW ROLLS-ROYCE C</p> <p>FREE FRIDAY BOOK GIVE AWAY</p>	<p>28</p> <p>9:00 AM OPEN SWIM P 9:30 AM YOGA FC 10:30 AM CATEGORIES MS 10:30 AM CHAIR YOGA FC 11:00 AM COMPUTER CLASS C 11:00 AM BUNCO BR 1:00 PM KIDS TRICK OR TREATING AROUND THIRWOOD 2:00 PM TEA TIME CA 3:00 PM MOVIE: THE YELLOW ROLLS-ROYCE C 7:00 PM MOVIE: CHARADES C</p>
<p>29</p> <p>9:00 AM COFFEE HOUR CS 9:30 AM BUS TO ST. DAVIDS FL 10:10 AM BUS TO ST. PIUS FL 1:30 PM MOVIE C 4:00 PM CHURCH SERVICES C</p> <p><i>WEEK MENU #2</i></p>	<p>30</p> <p>8:30 AM OPEN SWIM P 8:30 AM MENS FITNESS FC 9:30 AM WOMENS FITNESS FC 9:30 AM AQUA AEROBICS P 10:00 AM STOP & SHOP FL 10:00 AM TAI CHI C 11:00 AM CURRENT EVENTS BR 12:00 PM EXERCISE WITH ELAINE FC 1:30 PM POOL & BILLIARDS BL 2:00 PM TEA TIME CS 3:00 PM BOOK CLUB C</p>	<p>31</p> <p>HALLOWEEN 8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:00 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 10:30 AM GOODWILL BAMBOO LUNCH SALVATION ARMY FL</p> <p>2:00 PM TEA TIME CS 2:00 PM KNITTING GROUP FL 7:00 PM GAME NIGHT MS</p>				