

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>WEEK MENU 5</p>	<p>1 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM FITNESS CLASS FC 9:30 AM AQUA AEROBICS P 10:15 AM OPEN SWIM - 11:30 AM P 10:30 AM BALANCE CLASS FC 12:00 PM EXERCISE WITH CHRIS FC 1:00 PM OPEN SWIM - 3:00PM P 7:00 PM FRED BOYLE A</p>	<p>2 8:30 AM OPEN SWIM - 9:15AM P 9:30 AM AQUA AEROBICS P 9:30 AM CHAIR YOGA FC 10:15 AM OPEN SWIM - 11:15AM P 10:30 AM YOGA FC 11:00 AM MEDICARE FRAUD A WITH SENIOR MEDICARE 11:30 AM WALKING CLUB FC 12:00 PM OPEN SWIM - 3:00 PM P 3:00 PM WOMENS WAYS OF KNOWING DISCUSSION TO FOLLOW C</p>	<p>3 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM AQUA AEROBICS P 9:30 AM FITNESS CLASS FC 10:00 AM THIRWQOOD SINGERS PRACTICE A 10:15 AM OPEN SWIM - 11:30 AM P 10:30 AM BALANCE CLASS FC 12:00 PM EXERCISE WITH CHRIS FC 1:00 PM BINGO B 1:30 PM SHAW'S FL</p>	<p>4 8:30 AM OPEN SWIM - 9:15 AM P 9:30 AM AQUA AEROBICS P 9:30 AM CHAIR YOGA FC 10:00 AM CAPE & COAST BANK FL 10:15 AM OPEN SWIM - 11:15 AM P 10:30 AM YOGA FC 11:00 AM BUS LOOP FL 11:30 AM WALKING GROUP FL 12:00 PM BUS LOOP FL 1:30 PM STOP & SHOP FL 2:30 PM DOCUMENTARY C</p>	<p>5 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM AQUA AEROBICS P 9:30 AM FITNESS CLASS FC 10:00 AM ST. PIUS COMMUNION C 10:15 AM OPEN SWIM - 3:00 PM P 10:30 AM BALANCE CLASS FC 10:45 AM RUMMIKUB MS 12:00 PM OPEN SWIM - 3PM P 2:00 PM NANCY FRANKS A</p>	<p>6 9:30 AM CHAIR YOGA FC 10:30 AM CATEGORIES MS 10:30 AM YOGA FC 11:30 AM CATEGORIES MS 1:00 PM BINGO A</p>
<p>WEEK MENU 6</p>	<p>7 9:00 AM COFFEE HOUR CS 9:30 AM BUS TO ST. PIUS FL 1:30 PM GAMES WITH FRIENDS M 2:00 PM DOCUMENTARY C 4:00 PM CHURCH SERVICES C 5:10 PM MOVIE C</p>	<p>8 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM FITNESS CLASS FC 9:30 AM AQUA AEROBICS P 10:15 AM OPEN SWIM - 11:30 AM P 10:30 AM BALANCE CLASS FC 12:00 PM EXERCISE WITH CHRIS FC 12:00 PM OPEN SWIM - 3:00PM P 1:00 PM ZUMBA GOLD C</p> 	<p>9 8:30 AM OPEN SWIM - 9:15AM P 9:30 AM AQUA AEROBICS P 9:30 AM CHAIR YOGA FC 10:15 AM OPEN SWIM - 11:15AM P 10:30 AM YOGA FC 11:30 AM WALKING CLUB FC 11:30 AM OLIVE GARDEN FL 12:00 PM OPEN SWIM - 3:00 PM P 3:00 PM WOMENS WAYS OF KNOWING DISCUSSION TO FOLLOW C</p>	<p>10 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM AQUA AEROBICS P 9:30 AM FITNESS CLASS FC 10:00 AM THIRWQOOD SINGERS PRACTICE A 10:15 AM OPEN SWIM - 11:30 AM P 10:30 AM BALANCE CLASS FC 12:00 PM EXERCISE WITH CHRIS FC 12:00 PM OPEN SWIM - 3:00 PM P 1:00 PM BINGO B 1:30 PM SHAW'S FL</p>	<p>11 8:30 AM OPEN SWIM - 9:15 AM P 9:30 AM AQUA AEROBICS P 9:30 AM CHAIR YOGA FC 10:00 AM CAPE & COAST BANK FL 10:15 AM OPEN SWIM - 11:15 AM P 10:30 AM YOGA FC 11:00 AM BUS LOOP FL 11:30 AM WALKING GROUP FL 12:00 PM BUS LOOP FL 1:30 PM STOP & SHOP FL 2:30 PM DOCUMENTARY C</p>	<p>12 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM AQUA AEROBICS P 9:30 AM FITNESS CLASS FC 10:00 AM ST. PIUS COMMUNION C 10:15 AM OPEN SWIM - 3:00 PM P 10:30 AM BALANCE CLASS FC 10:45 AM RUMMIKUB MS 12:00 PM OPEN SWIM - 3PM P 2:00 PM DAVE & MARCIA BURBANK A 3:30 PM COMPUTER CLASS BL</p> 
<p>WEEK MENU 1</p>	<p>14 9:00 AM COFFEE HOUR CS 9:30 AM BUS TO ST. PIUS FL 1:15 PM CAPE SYMPHONY FL 1:30 PM GAMES WITH FRIENDS M 2:00 PM DOCUMENTARY C 4:00 PM CHURCH SERVICES C 5:10 PM MOVIE C</p> 	<p>15 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM FITNESS CLASS FC 9:30 AM AQUA AEROBICS P 10:15 AM OPEN SWIM - 11:30 AM P 10:30 AM BALANCE CLASS FC 12:00 PM EXERCISE WITH CHRIS FC 1:00 PM OPEN SWIM - 3:00PM P</p>	<p>16 8:30 AM OPEN SWIM - 9:15AM P 9:30 AM AQUA AEROBICS P 9:30 AM CHAIR YOGA FC 10:15 AM OPEN SWIM - 11:15AM P 10:30 AM YOGA FC 11:30 AM WALKING CLUB FC 12:00 PM OPEN SWIM - 3:00 PM P 1:00 PM ART FOR YOUR MIND A</p> 	<p>17 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM AQUA AEROBICS P 9:30 AM FITNESS CLASS FC 10:00 AM THIRWQOOD SINGERS PRACTICE A 10:15 AM OPEN SWIM - 11:30 AM P 10:30 AM BALANCE CLASS FC 12:00 PM EXERCISE WITH CHRIS FC 1:00 PM BINGO B 1:30 PM SHAW'S FL 4:00 PM THIRWOOD SOCIAL SD 5:00 PM THIRWOOD COOKOUT BBQ CHICKEN & RIBS SD</p>	<p>18 8:30 AM OPEN SWIM - 9:15 AM P 9:30 AM AQUA AEROBICS P 9:30 AM CHAIR YOGA FC 10:00 AM CAPE & COAST BANK FL 10:15 AM OPEN SWIM - 11:15 AM P 10:30 AM YOGA FC 11:00 AM BUS LOOP FL 11:30 AM WALKING GROUP FL 12:00 PM BUS LOOP FL 1:30 PM STOP & SHOP FL 2:30 PM DOCUMENTARY C</p>	<p>19 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM AQUA AEROBICS P 9:30 AM FITNESS CLASS FC 10:15 AM OPEN SWIM - 3:00 PM P 10:30 AM BALANCE CLASS FC</p> <p>20 9:00 AM OPEN SWIM - 12:00 PM P 9:30 AM CHAIR YOGA FC 10:30 AM CATEGORIES MS 10:30 AM YOGA FC 11:00 AM THIRWOOD SINGERS A 11:30 AM CATEGORIES MS 2:00 PM THIRWOOD SINGERS A</p> 
<p>WEEK MENU 2</p> 	<p>21 9:00 AM COFFEE HOUR CS 9:30 AM BUS TO ST. PIUS FL 1:30 PM GAMES WITH FRIENDS M 2:00 PM DOCUMENTARY C 4:00 PM CHURCH SERVICES C 5:10 PM MOVIE C</p>	<p>22 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM FITNESS CLASS FC 9:30 AM AQUA AEROBICS P 10:15 AM OPEN SWIM - 11:30 AM P 10:30 AM BALANCE CLASS FC 12:00 PM EXERCISE WITH CHRIS FC 1:00 PM OPEN SWIM - 3:00PM P 1:00 PM ZUMBA GOLD C 2:00 PM DOUG RICCIARDI A JAZZ TIL DAWN BAND 3:00 PM BOOK CLUB C</p>	<p>23 8:30 AM OPEN SWIM - 9:15AM P 9:30 AM AQUA AEROBICS P 9:30 AM CHAIR YOGA FC 10:15 AM OPEN SWIM - 11:15AM P 10:30 AM YOGA FC 11:30 AM CLANCY'S FL 11:30 AM WALKING CLUB FC 12:00 PM OPEN SWIM - 3:00 PM P</p>	<p>24 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM AQUA AEROBICS P 9:30 AM FITNESS CLASS FC 10:00 AM THIRWQOOD SINGERS PRACTICE A 10:15 AM OPEN SWIM - 11:30 AM P 10:30 AM BALANCE CLASS FC 11:30 AM REIKI MS 12:00 PM EXERCISE WITH CHRIS FC 1:00 PM BINGO B 1:30 PM SHAW'S FL 7:00 PM TOM TELESANICK A</p>	<p>25 8:30 AM OPEN SWIM - 9:15 AM P 9:30 AM AQUA AEROBICS P 9:30 AM CHAIR YOGA FC 10:00 AM CAPE & COAST BANK FL 10:00 AM PAINTING WITH WENDY AR 10:15 AM OPEN SWIM - 11:15 AM P 10:30 AM YOGA FC 11:00 AM BUS LOOP FL 11:30 AM WALKING GROUP FL 12:00 PM BUS LOOP FL 1:30 PM STOP & SHOP FL 2:00 PM SHAWN HENRY A OWNER OF WHALE SPOTTER C 2:30 PM DOCUMENTARY C</p>	<p>26 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM AQUA AEROBICS P 9:30 AM FITNESS CLASS FC 10:00 AM ST. PIUS COMMUNION C 10:15 AM OPEN SWIM - 3:00 PM P 10:30 AM BALANCE CLASS FC 10:45 AM RUMMIKUB MS 12:00 PM OPEN SWIM - 3PM P 2:00 PM JULIE CHARLAND A 3:30 PM COMPUTER CLASS BL</p> <p>27 9:30 AM CHAIR YOGA FC 10:30 AM CATEGORIES MS 10:30 AM YOGA FC 11:30 AM CATEGORIES MS 1:00 PM BINGO MS</p> 
<p>WEEK MENU 3</p>	<p>28 9:00 AM COFFEE HOUR CS 9:30 AM BUS TO ST. PIUS FL 1:30 PM GAMES WITH FRIENDS M 2:00 PM DOCUMENTARY C 4:00 PM CHURCH SERVICES C 5:10 PM MOVIE C</p>	<p>29 8:30 AM OPEN SWIM - 9:15 AM P 8:30 AM BALANCE CLASS FC 9:30 AM FITNESS CLASS FC 9:30 AM AQUA AEROBICS P 10:15 AM OPEN SWIM - 11:30 AM P 10:30 AM BALANCE CLASS FC 12:00 PM EXERCISE WITH CHRIS FC 1:00 PM OPEN SWIM - 3:00PM P</p>	<p>30 8:30 AM OPEN SWIM - 9:15AM P 9:30 AM AQUA AEROBICS P 9:30 AM CHAIR YOGA FC 10:15 AM OPEN SWIM - 11:15AM P 10:30 AM YOGA FC 11:30 AM WALKING CLUB FC 12:00 PM OPEN SWIM - 3:00 PM P</p>	<div style="text-align: center;">  <h1 style="color: green;">June 2026</h1>  </div> <div style="display: flex; justify-content: space-between; font-size: small;"> <div data-bbox="2386 1628 2573 1870"> <p>LOCATION KEY</p> <p>ACTIVITIES ROOM AR</p> <p>AUDITORIUM A</p> <p>BILLIARDS ROOM BL</p> <p>BOARD ROOM BR</p> <p>CONSERVATORY C</p> <p>COUNTRY STORE CS</p> <p>FITNESS CENTER FC</p> <p>FRONT LOBBY LB</p> </div> <div data-bbox="2604 1655 2946 1870"> <p>HEALTH CENTER HC</p> <p>LIBRARY L</p> <p>MR.D'S BISTRO B</p> <p>MUGAR SUITE MS</p> <p>PARKING LOT PL</p> <p>POOL P</p> <p>SUNDECK SD</p> <p>WICKER ROOM WR</p> </div> </div>		