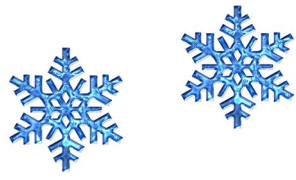
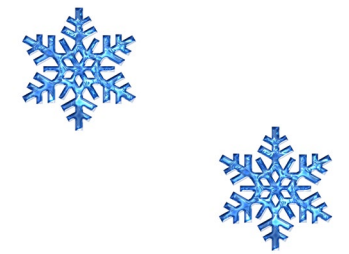




December 2018



LOCATION KEY
 AR ACTIVITIES ROOM
 A AUDITORIUM
 BL BILLIARDS ROOM
 C CONSERVATORY
 CS COUNTRY STORE
 FC FITNESS CENTER
 SD SUNDECK
 FL FRONT LOBBY

PL PARKING LOT
 P POOL
 PV POND VIEW
 HC HEALTH CENTER
 L LIBRARY
 B MR. D'S BISTRO
 MS MUGAR SUITE
 FE FRONT ENTRANCE
 BR BOARD ROOM



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2</p> <p>9:00 AM COFFEE HOUR CS 9:30 AM BUS TO DENNIS UNION FL 10:10 AM BUS TO ST. PIUS FL 12:00 PM CAPE COD SYMPHONY HOLIDAY CONCERT 1:30 PM MOVIE C 4:00 PM CHURCH C</p> <p></p> <p>WEEK MENU # 3</p>	<p>3</p> <p>8:30 AM OPEN SWIM P 9:30 AM MEN'S FITNESS FC 9:30 AM AQUA AEROBICS P 10:00 AM STOP & SHOP FL 10:30 AM WOMEN'S FITNESS FC 10:30 AM TAI CHI C 11:00 AM CURRENT EVENTS BR 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM POOL & BILLIARDS BL 1:30 PM MONDAY AFTERNOON VIDEO SERIES C 2:00 PM TEA TIME CS 3:00 PM STORIES WITH BARBARA ANTHONY C</p>	<p>4</p> <p>8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:30 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 10:30 AM CAPE COD MALL FL 11:30 AM WALKING PROGRAM FC 2:00 PM TEA TIME CS 2:00 PM KNITTING GROUP FL 7:00 PM KEN BADGER TRIO HOLIDAY A</p>	<p>5</p> <p>8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:30 AM MEN'S FITNESS FC 9:30 AM AQUA AEROBICS P 10:30 AM WOMENS FITNESS FC 10:30 AM THIRWOOD SINGERS C 10:30 AM WALKING PROGRAM PRACTICE FL 10:30 AM OPEN SWIM - 3PM P 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM BINGO AR 1:30 AM POOL AND BILLIARDS BR 2:00 PM TEA TIME CS 2:00 PM TRADER JOE'S FL</p>	<p>6</p> <p>8:30 AM OPEN SWIM P 9:30 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 10:30 AM OPEN SWIM -3PM P 11:00 AM BUS LOOP FL 11:30 AM WALKING PROGRAM FC 12:00 PM BUS LOOP FL 12:30 PM MOVE TO MUSIC WITH ELAINE A 1:30 PM STOP AND SHOP FL 2:00 PM TEA TIME CS 7:00 PM SOUND DUNES HOLIDAY CONCERT A</p>	<p>7</p> <p>8:30 AM OPEN SWIM P 9:30 AM MEN'S FITNESS FC 10:00 AM MORNING PRAYER C AND COMMUNION 10:30 AM WOMENS FITNESS FC 1:00 PM ART CLASS AR 1:30 PM BIBLE STUDY BR 1:30 PM POOL & BILLIARDS BR 2:00 PM TEA TIME CS 3:00 PM MOVIE: GRAN TORINO C 7:00 PM MOVIE: SOME LIKE IT HOT C</p>	<p>8</p> <p>9:00 AM OPEN SWIM P 9:30 AM YOGA FC 10:30 AM CHAIR YOGA FC 10:30 AM CATEGORIES MS 11:00 AM BUNCO BR 11:00 AM COMPUTER CLASS C 1:00 PM BINGO B 2:00 PM TEA TIME CS 3:00 PM MOVIE: SOME LIKE IT HOT C 7:00 PM GRAN TORINO C</p>
<p>9</p> <p>9:00 AM COFFEE HOUR CS 9:30 AM BUS TO DENNIS UNION FL 10:10 AM BUS TO ST. PIUS FL 1:30 PM MOVIE C 4:00 PM CHURCH C</p> <p>WEEK MENU # 4</p>	<p>10</p> <p>8:30 AM OPEN SWIM P 9:30 AM MEN'S FITNESS FC 9:30 AM AQUA AEROBICS P 10:00 AM SHAW'S FL 10:30 AM WOMEN'S FITNESS FC 10:30 AM TAI CHI C 11:00 AM CURRENT EVENTS BR 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM POOL & BILLIARDS BL 1:30 PM MONDAY AFTERNOON VIDEO SERIES C 2:00 PM TEA TIME CS</p>	<p>11</p> <p>8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:30 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 11:00 AM GINGERBREAD HOUSES AR 11:30 AM WALKING PROGRAM FC 1:00 PM MASS AUDUBON A 2:00 PM TEA TIME CS 2:00 PM KNITTING GROUP FL</p>	<p>12</p> <p>8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:30 AM MEN'S FITNESS FC 9:30 AM AQUA AEROBICS P 10:30 AM WOMENS FITNESS FC 10:30 AM THIRWOOD SINGERS C 10:30 AM WALKING PROGRAM PRACTICE FL 10:30 AM OPEN SWIM - 3PM P 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM BINGO AR 1:30 AM POOL AND BILLIARDS BR 2:00 PM TEA TIME CS 2:00 PM WHOLE FOODS FL</p>	<p>13</p> <p>8:30 AM OPEN SWIM P 9:30 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 10:30 AM OPEN SWIM -3PM P 11:00 AM BUS LOOP FL 11:30 AM WALKING PROGRAM FC 12:00 PM BUS LOOP FL 12:30 PM MOVE TO MUSIC WITH ELAINE A 1:30 PM STOP AND SHOP FL 2:00 PM TEA TIME CS 7:00 PM THURSDAY EVE VIDEO SERIES C</p>	<p>14</p> <p>8:30 AM OPEN SWIM P 9:30 AM MEN'S FITNESS FC 10:00 AM MORNING PRAYER C AND COMMUNION 10:30 AM WOMENS FITNESS FC 11:00 AM LOW VISION MEETING BR 1:00 PM ART CLASS AR 1:30 AM BIBLE STUDY BR 1:30 PM POOL & BILLIARDS BR 2:00 PM TEA TIME CS 3:00 PM MOVIE: FORREST GUMP C 7:00 PM MOVIE: FATHER OF THE BRIDE C</p>	<p>15</p> <p>9:00 AM OPEN SWIM P 9:30 AM YOGA FC 10:30 AM CHAIR YOGA FC 10:30 AM CATEGORIES MS 11:00 AM BUNCO BR 11:00 AM COMPUTER CLASS C 1:00 PM BINGO B 2:00 PM TEA TIME CS 2:00 PM GIRL SCOUT TROUP HOLIDAY SING-ALONG A 3:00 PM MOVIE: FATHER OF THE BRIDE C 7:00 PM MOVIE: FORREST GUMP C</p>
<p>16</p> <p>9:00 AM COFFEE HOUR CS 9:30 AM BUS TO DENNIS UNION FL 10:10 AM BUS TO ST. PIUS FL 1:30 PM MOVIE C 4:00 PM CHURCH C 4:00 PM KIDS ON BROADWAY PERFORMANCE A</p> <p>WEEK MENU # 5</p>	<p>17</p> <p>8:30 AM OPEN SWIM P 9:30 AM MEN'S FITNESS FC 9:30 AM AQUA AEROBICS P 10:00 AM STOP & SHOP FL 10:30 AM WOMEN'S FITNESS FC 10:30 AM TAI CHI C 11:00 AM CURRENT EVENTS BR 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM POOL & BILLIARDS BL 1:30 PM MONDAY AFTERNOON VIDEO SERIES C 2:00 PM TEA TIME CS</p>	<p>18</p> <p>8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:30 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 1:00 PM ART FOR YOUR MIND "FAMILIES IN ART" C 2:00 PM TEA TIME CS 7:00 PM FRED MOYER PIANIST A</p>	<p>19</p> <p>8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:30 AM AQUA AEROBICS P 10:30 AM WOMENS FITNESS FC 10:30 AM OPEN SWIM - 3PM P 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM POOL AND BILLIARDS BL 1:30 PM BINGO AR 2:00 PM TEA TIME CS 2:00 PM TRADER JOE'S FL 7:00 PM THIRWOOD SINGERS HOLIDAY SING-ALONG A</p>	<p>20</p> <p>8:30 AM OPEN SWIM P 9:30 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 10:30 AM OPEN SWIM -3PM P 11:00 AM BUS LOOP FL 11:30 AM WALKING PROGRAM FC 12:00 PM BUS LOOP FL 12:30 PM MOVE TO MUSIC WITH ELAINE A 1:30 PM STOP AND SHOP FL 2:00 PM TEA TIME CS 7:00 PM CHATHAM CORAL HOLIDAY CONCERT A</p>	<p>21</p> <p>8:30 AM OPEN SWIM P 9:30 AM MEN'S FITNESS FC 10:00 AM MORNING PRAYER C AND COMMUNION 10:30 AM WOMENS FITNESS FC 1:00 PM ART CLASS AR 1:30 AM BIBLE STUDY C 1:30 PM POOL & BILLIARDS BR 2:00 PM TEA TIME CS 3:00 PM MOVIE: THE BISHOPS WIFE C 7:00 PM MOVIE: BIG EYES C 7:00 PM TWO PLUS ONE A</p>	<p>22</p> <p>9:00 AM OPEN SWIM P 9:30 AM YOGA FC 10:30 AM CHAIR YOGA FC 10:30 AM CATEGORIES MS 11:00 AM BUNCO BR 11:00 AM COMPUTER CLASS C 1:00 PM BINGO B 2:00 PM TEA TIME CS 3:00 PM MOVIE: BIG EYES C 7:00 PM MOVIE: THE BISHOPS WIFE C</p>
<p>23</p> <p>9:00 AM COFFEE HOUR CS 9:30 AM BUS TO DENNIS UNION FL 10:10 AM BUS TO ST. PIUS FL 1:30 PM MOVIE C 2:00 PM SING-A-LONG BARBARA ANTHONY AND FAMILY FL 4:00 PM CHURCH C</p> <p>WEEK MENU # 6</p>	<p>24</p> <p>8:30 AM OPEN SWIM P 9:30 AM MEN'S FITNESS FC 9:30 AM AQUA AEROBICS P 10:00 AM SHAW'S FL 10:30 AM WOMEN'S FITNESS FC 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM POOL & BILLIARDS BL 1:30 PM MON. AFTERNOON VIDEO C 2:00 PM TEA TIME CS</p>	<p>25</p> <p></p> <p>1:30 PM MOVIE: IT'S A WONDERFUL LIFE</p>	<p>26</p> <p>8:30 AM OPEN SWIM P 9:00 AM BANK OPEN CB 9:30 AM MEN'S FITNESS FC 9:30 AM AQUA AEROBICS P 10:30 AM WOMENS FITNESS FC 10:30 AM OPEN SWIM - 3PM P 12:00 PM EXERCISE W/ ELAINE FC 1:30 PM POOL AND BILLIARDS BL 1:30 PM BINGO AR 2:00 PM TEA TIME CS 2:00 PM WHOLE FOODS FL 7:00 PM TOM TELSMANICK & BOB HIGGINS FL</p>	<p>27</p> <p>8:30 AM OPEN SWIM P 9:30 AM YOGA FC 9:30 AM AQUA AEROBICS P 10:30 AM CHAIR YOGA FC 10:30 AM OPEN SWIM -3PM P 11:00 AM BUS LOOP FL 11:30 AM WALKING PROGRAM FC 12:00 PM BUS LOOP FL 12:30 PM MOVE TO MUSIC WITH ELAINE A 1:30 PM STOP AND SHOP FL 2:00 PM TEA TIME CS 7:00 PM THURSDAY EVE VIDEO SERIES C</p>	<p>28</p> <p>8:30 AM OPEN SWIM P 9:30 AM MEN'S FITNESS FC 10:00 AM MORNING PRAYER C AND COMMUNION 10:30 AM WOMENS FITNESS FC 1:00 PM ART CLASS AR 1:30 AM BIBLE STUDY C 1:30 PM POOL & BILLIARDS BR 2:00 PM TEA TIME CS 3:00 PM MOVIE: FATHER GOOSE C 7:00 PM MOVIE: GUYS & DOLLS C</p>	<p>29</p> <p>9:00 AM OPEN SWIM P 9:30 AM YOGA FC 10:30 AM CHAIR YOGA FC 10:30 AM CATEGORIES MS 11:00 AM BUNCO BR 11:00 AM COMPUTER CLASS C 1:00 PM BINGO B 2:00 PM TEA TIME CS 3:00 PM MOVIE: GUYS & DOLLS C 7:00 PM MOVIE: FATHER GOOSE C 7:00 PM WILLIE NININGER A</p>
<p>30</p> <p>9:00 AM COFFEE HOUR CS 9:30 AM BUS TO DENNIS UNION FL 10:10 AM BUS TO ST. PIUS FL 1:30 PM MOVIE C 4:00 PM CHURCH C</p>	<p>31</p> <p>8:30 AM OPEN SWIM P 9:30 AM MEN'S FITNESS FC 9:30 AM AQUA AEROBICS P 10:00 AM STOP & SHOP FL 10:30 AM WOMEN'S FITNESS FC 12:00 PM EXERCISE W/ ELAINE FC</p>					